

“My kid woke up in excruciating pain with rashes on her legs”

Mum Angela Thomas recounts her 7-year-old daughter's brush with a potentially life-threatening — and uncommon — autoimmune disorder.

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“A few weeks ago, [my daughter](#), Kristal, called my [husband](#) in the middle of a school day complaining of a tummy ache. I remember that she'd mentioned that she was feeling [unwell](#) that morning, but since it didn't seem too serious, we sent her to [school](#).

When my husband picked her up, Kristal also told him that she had also vomited earlier after taking a bite of her sandwich. We immediately took our distraught daughter to our family GP.

As he was examining her, our doctor noticed that Kristal had flat, red dots around her shin area. I had noticed it, too, the night before, but hadn't thought too much about it. When he asked about her medical history, we told him that Kristal had just had an upper respiratory infection — [a minor cold and sore throat](#). She had been ill only for a few days, and we [self-medicated](#), after which she recovered fully.